

Parent Support Advisor

During the current situation whilst schools are open on a restricted basis, I wanted to reassure you I will continue to offer support to children and families as best I can.

There will clearly be limitations to face-to-face appointments because of the advice around social distancing, but you can continue to call, text or email me (*contact details below*) Tuesday/Wednesday/Thursday during term-time. I will, as always, maintain close links with schools.

I have provided schools with links to websites that may be of help to you during this difficult time.

As a parent myself, I know having children at home for an indefinite period of time will put a strain on families. If you have additional worries regarding an existing health condition, jobs, paying bills this may seem overwhelming. If nothing else, I maybe someone outside of your family who you can talk and off-load to.

I know many communities have set-up social network groups which will help people to keep in touch and support one another during this time.

I'm sending my very best wishes to you all. Look forward to seeing you when we are able to resume normal daily living and routines.

Sally Hitchcock

Parent Support Advisor

Call/Text: 07825 356 836

Email: psa@alpington.norfolk.sch.uk